



**H. R. College || K. C. College || B. T. T. College**

**HSNC UNIVERSITY, MUMBAI**

## **Induction Programme**

For First Year Undergraduate Students of K. C. College & H. R. College

**Day 4: September 24, 2020 || 11:00 AM**

**IMPORTANCE OF YOGA IN TODAY'S TIMES**

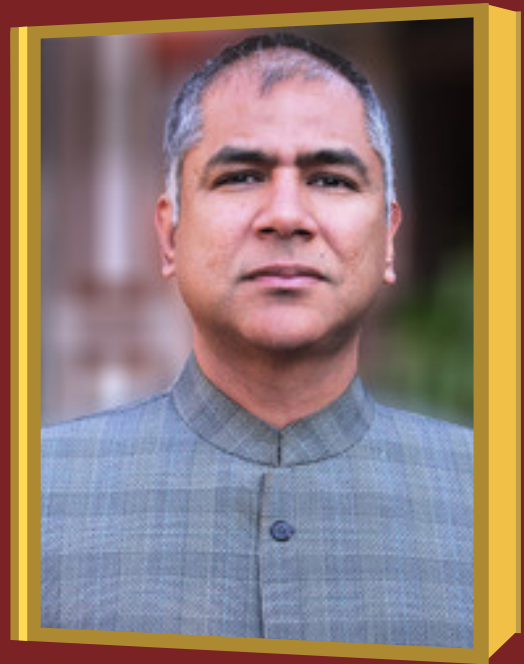
**Shri. Subodh Tiwari**

Vice President,

Indian Yoga Association

CEO, Kaivalyadhama

Yoga Institute



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